



July 2025  
Gorffennaf 2025

# St Francis R.C. Primary School



[stfrancisprm.cardiff.sch.uk](http://stfrancisprm.cardiff.sch.uk)



Wilson Road, Ely, Cardiff, CF5 4JL



02920 591 666



[stfrancisprm@cardiff.gov.uk](mailto:stfrancisprm@cardiff.gov.uk)

*A message from our Headteacher,*

*Miss Langsdale*



Dear Parents and Carers,

We have come to the end of another busy and rewarding school year.

Once again, the year has been filled with lots of learning, laughter, and countless moments of pride. From classroom milestones to sports days, creative projects, and school trips, the children have shown resilience, curiosity, and kindness. We are incredibly proud of their hard work and the positive energy they bring to our school.

A heartfelt thank you goes to our dedicated staff, whose passion and commitment continue to inspire and support our learners. We also extend our gratitude to parents and carers for your ongoing encouragement and partnership—it truly makes a difference.

We wish our Year 6 children every success and happiness as they move onto their new high schools! Good luck Year 6!

As we head into the summer break, we hope everyone is able to take time to rest, recharge, and enjoy time with family and friends.

We look forward to welcoming everyone back in the autumn term. Term for children starts on Wednesday 3<sup>rd</sup> September 2025.

Wishing you all a safe, happy, and restful summer!

Warm regards,

Miss M. Langsdale  
Headteacher





# Prayer of the Month

## Gweddi'r Mis

Loving Father

As we come to the end of this school year,  
We thank You for walking with us through every lesson, every  
challenge, and every joy.

Thank You for the friends we've made, the teachers who guided  
us,

And are parents/carers who have supported us.

Bless each child as they step into summer—  
May their days be filled with laughter, rest, and wonder.  
Keep them safe in their play, kind in their hearts,  
And curious in their minds.

Help us carry the lessons we've learned into the world—  
To be brave, to be kind, and to always do our best.

May we return refreshed, ready to grow,  
And always grateful for the gift of learning.  
Amen.





# Religious Education Directory



## Virtues

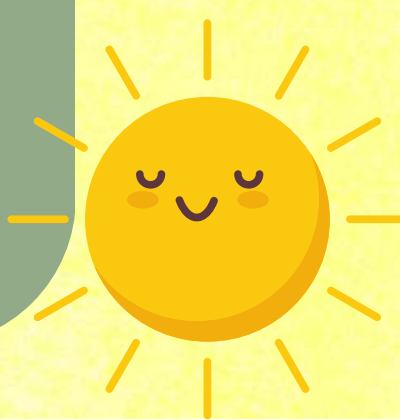
# Faith-filled and Hopeful

### Faith-filled - The Leper who had faith (Luke 17:12-19)

As Jesus entered a village on the way to Jerusalem, ten Lepers approached him. Keeping their distance, they called out, saying, 'Jesus, Master, have mercy on us!'. When he saw them, he said to them, 'Go and show yourselves to the priests.' And as they went, they were made clean. Then one of them, when he saw that he was healed, turned back, praising God with a loud voice. He prostrated himself at Jesus' feet and thanked him. And he was a Samaritan. Then Jesus asked, 'Were not ten made clean? But the other nine, where are they? Was none of them found to return and give praise to God except this foreigner?' Then he said to him, 'Get up and go on your way; your faith has made you well.'

### Hopeful – Those who hope in God. (Isaiah 40:28-31)

Did you not know? Had you not heard? The Lord is an everlasting God, he created the boundaries of the earth. He does not grow tired or weary, his understanding is beyond fathoming. He gives strength to the wearied, he strengthens the powerless. Young men may grow tired and weary, youths may stumble, but those who hope in the Lord renew their strength, they put out wings like eagles. They run and do not grow weary, walk and never tire.





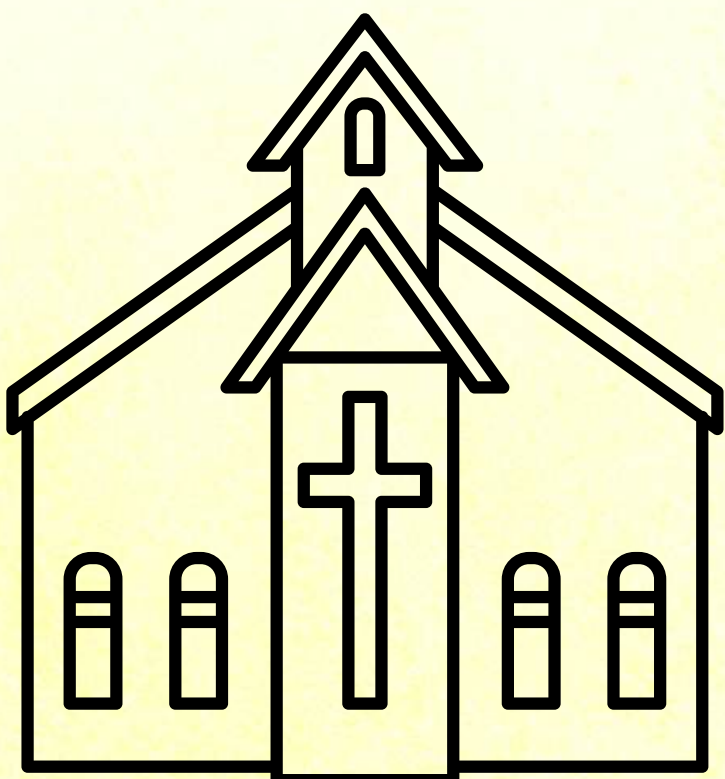
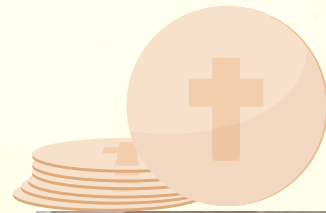
# Year 6 Leaver's Mass



**Year 6 Leavers celebrated Mass with Fr Solomon and Canon Eddie at St Francis Church.**

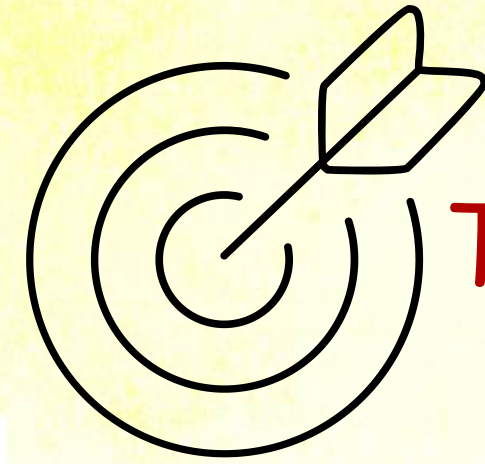
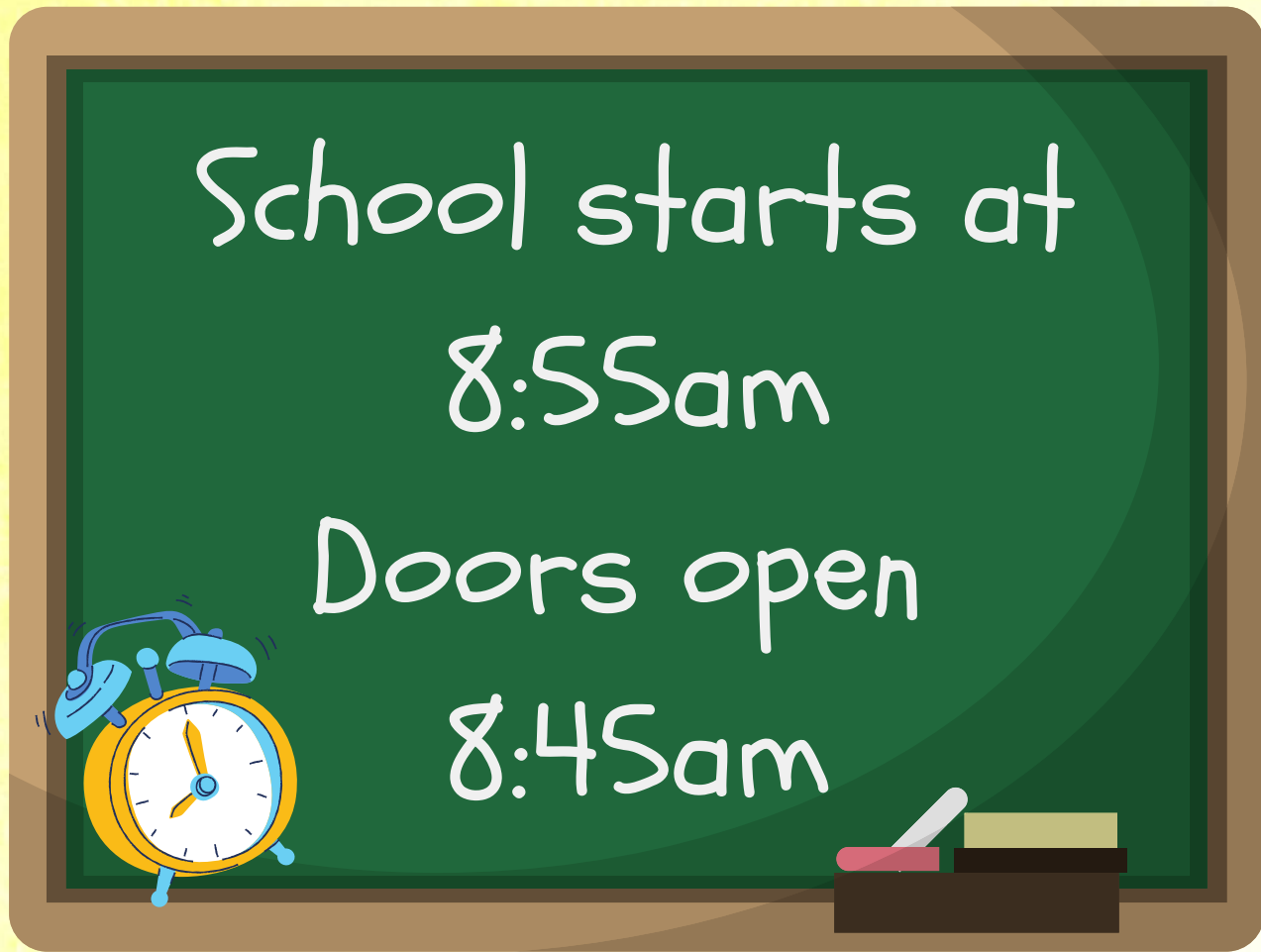


**Thank you to all of the parents who came and the children who participated very well.**





# Attendance & Punctuality



Target:  
100%



**Your child's  
attendance needs  
to be above  
95%**



At St Francis we monitor attendance **regularly.**

Our attendance is also monitored by school governors and the Local Authority.

Attendance at school is extremely important for all pupils so that they can achieve as well as possible, and is now part of safeguarding procedures.



If your child is unwell please contact the office otherwise the absence cannot be authorized.

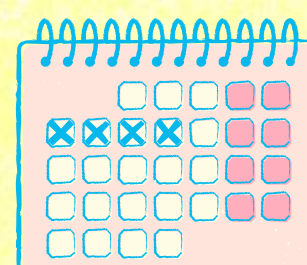


Please ensure your children are in to avoid potential fines.



Every moment in school counts.

Days soon add up and the more children are in school the more they are likely to learn. Please do all you can to bring you child to school.





# Attendance & Punctuality



Target:

100%

Slightly down from last month!

Overall Attendance

86.86%

Your child's attendance needs to be above **95%**

Nursery AM

75.22%

Nursery PM

81.25%

Reception

84.50%

Reception/Year 1

85.79%

Year 1

91.20%

Year 2

86.43%

Year 2/3

85.21%

Year 3

92.50%

Year 4P

86.60%



Year 4M

90.87%

Year 5M

87.92%

Year 5P

90.96%

Year 6B

80.65%

Year 6M

86.46%

## Attendance Rewards

Our School Senedd have decided on a **No Work Day**; which would include things like a movie, board games P.E, chrome books and arts, for the class with the best attendance. You can help your child's class win this by **bringing them in everyday!!**





# Attendance & Punctuality 2024-2025

Autumn

September

91%

November

90%

October

91.4%

December

87.5%

January

90.7%

March

91.5%

February

91.4%

April

91.4%

May

89.9%

July

86.8%

June

88.8%

Spring

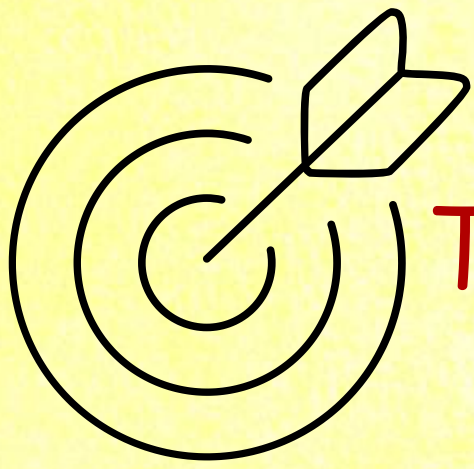
Summer

this year

90.3%



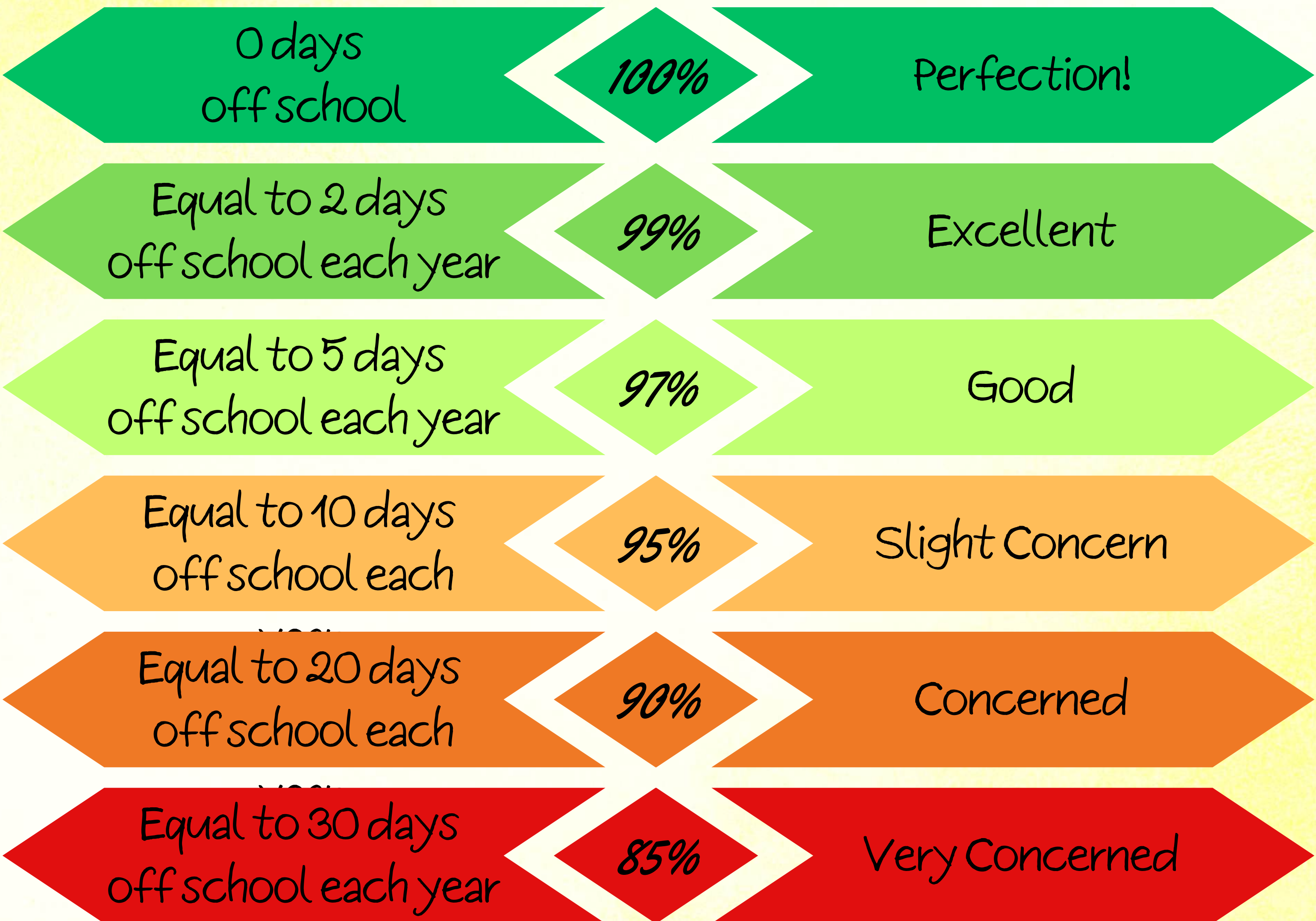
# Attendance & Punctuality



Target:  
100%

## EVERY School Day COUNTS

Your child's attendance needs to be above **95%**



## EVERY Minute COUNTS

- 5 Minutes late each day
- 10 Minutes late each day
- 15 Minutes late each day
- 20 Minutes late each day
- 30 Minutes late each day

IS APPROXIMATELY

- 3 days lost!
- 6.5 days lost!
- 10 days lost!
- 13 days lost!
- 19 days lost!

Lateness = Lost Learning





# Attendance & Punctuality



Target:  
100%

## EVERY School Day COUNTS

Your child's  
attendance needs  
to be above  
**95%**

Our overall school attendance this academic year is on the way up and improving steadily. We are at 90.3% but this needs to be 95%.

Please ensure children are in school everyday and that their attendance for the year is 95% which is no more than 10 days off ill.

More likely to  
persue higher  
education

Regular school attendance is crucial for a student's academic success, social-emotional development, and overall well-being. It fosters a sense of belonging, facilitates positive peer relationships, and equips students with essential life skills. Consistent attendance also improves a student's chances of achieving higher grades, graduating, and pursuing further education or employment opportunities.



Better  
chance of  
gaining  
qualifications

Sense of  
belonging

Career  
opportunities

Future  
Success

Builds  
positive  
relationships

Improved  
learning

Improves  
well-being

## Barriers to Attendance



### Parental Support

Parental involvement is crucial in ensuring regular school attendance. Open communication, addressing concerns, and providing necessary support can make a significant difference.





# Nursery Graduation

## Class of 2025



We would like to say a massive congratulations to all our Nursery Graduates!





# Nursery Graduation



We wish you the best of luck in Reception, and hope you all have a fantastic summer!





# Year 3 and 4 Bristol Aquarium Trip



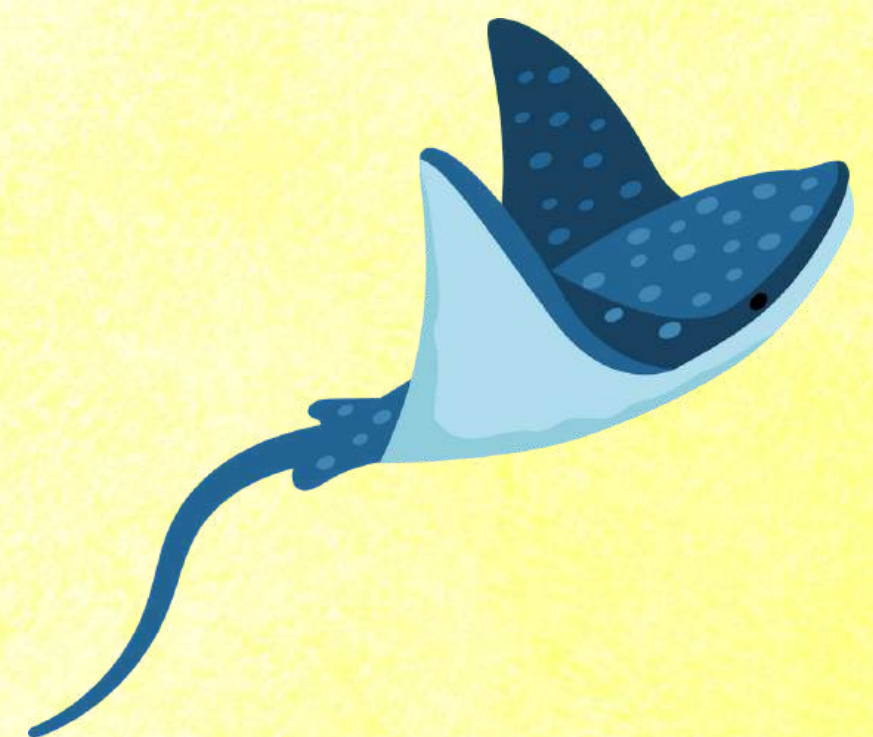
At the start of July, our Year 3 and 4 classes set off on an exciting adventure to Bristol Aquarium! A trip we had all been eagerly awaiting for weeks! The day was packed full of fun, learning, and unforgettable meetings with a huge variety of marine life.



One of the big highlights was meeting the axolotl, which quickly became a firm favourite among the children. Each class enjoyed a guided tour, giving us a closer look at the incredible creatures that call the aquarium home! We met some colourful tropical fish to mesmerising jellyfish!



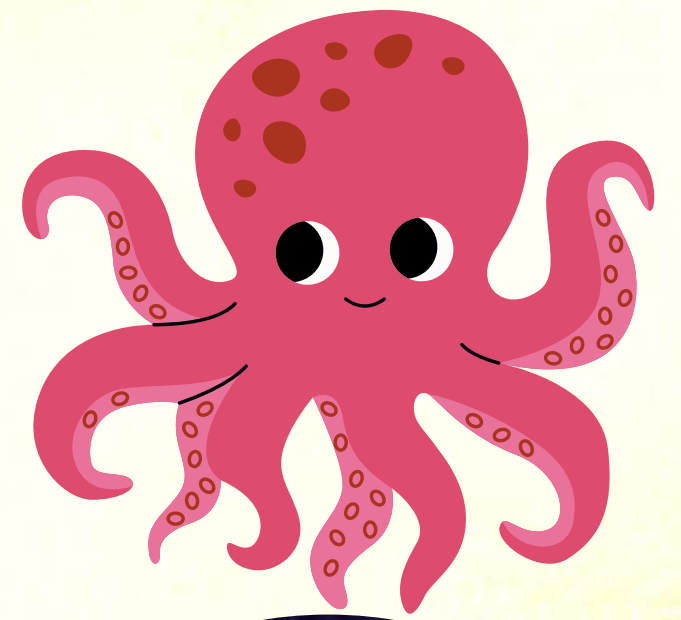
We also had the amazing opportunity to feed some of the fish, step inside a giant fish tank for photos, and explore the exhibits at our own pace. Throughout the day, the children were exceptionally well behaved: they listened carefully, followed instructions, and showed genuine respect for the animals and their surroundings.



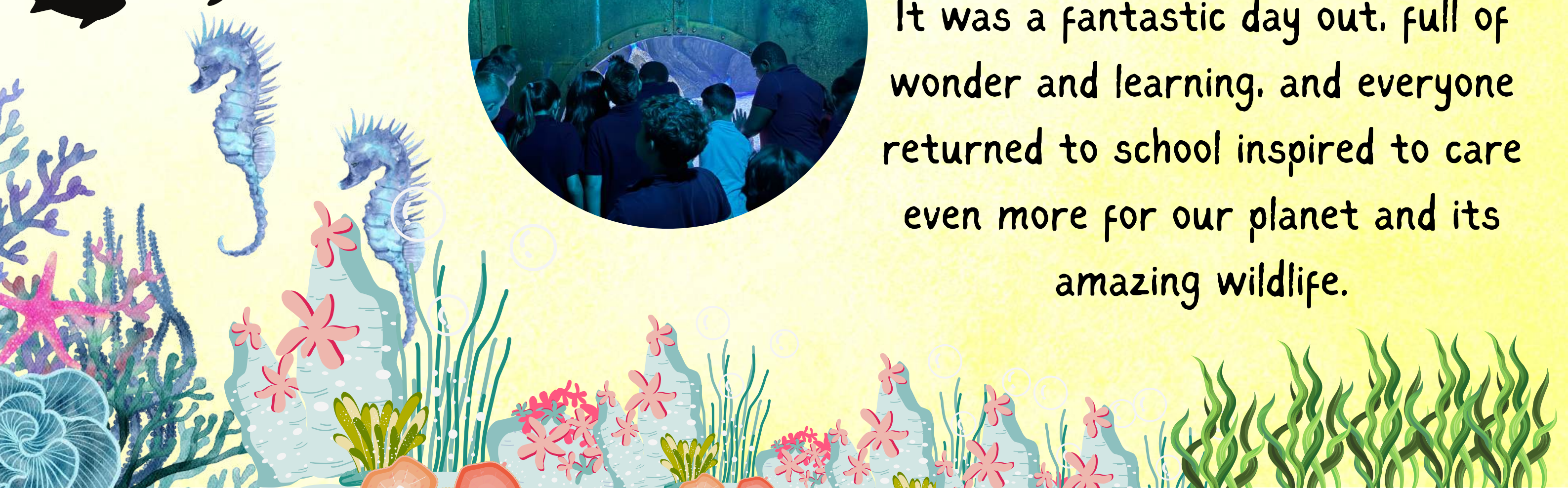


# Year 3 and 4 Bristol Aquarium Trip

As part of the visit, we took part in a hands-on workshop focused on the problem of pollution in our oceans. We learned just how damaging litter can be to marine life, especially our beautiful coral reefs, and discussed what we can do to help protect them.

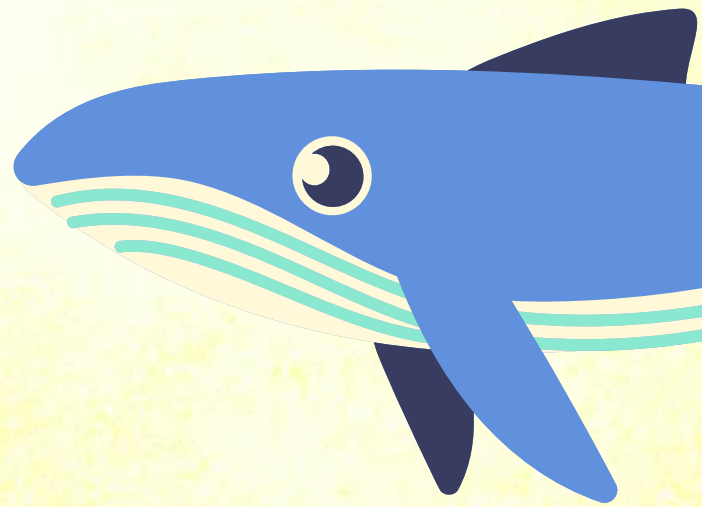
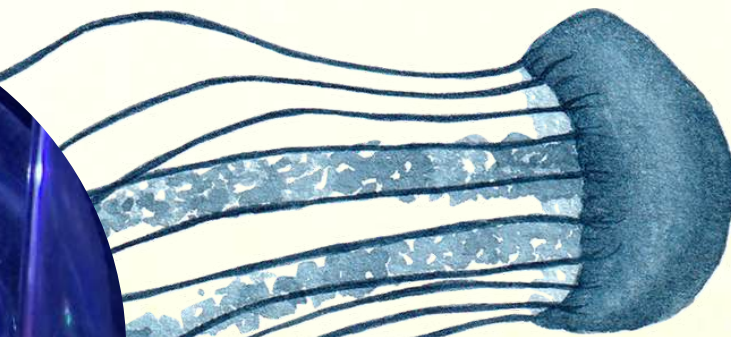


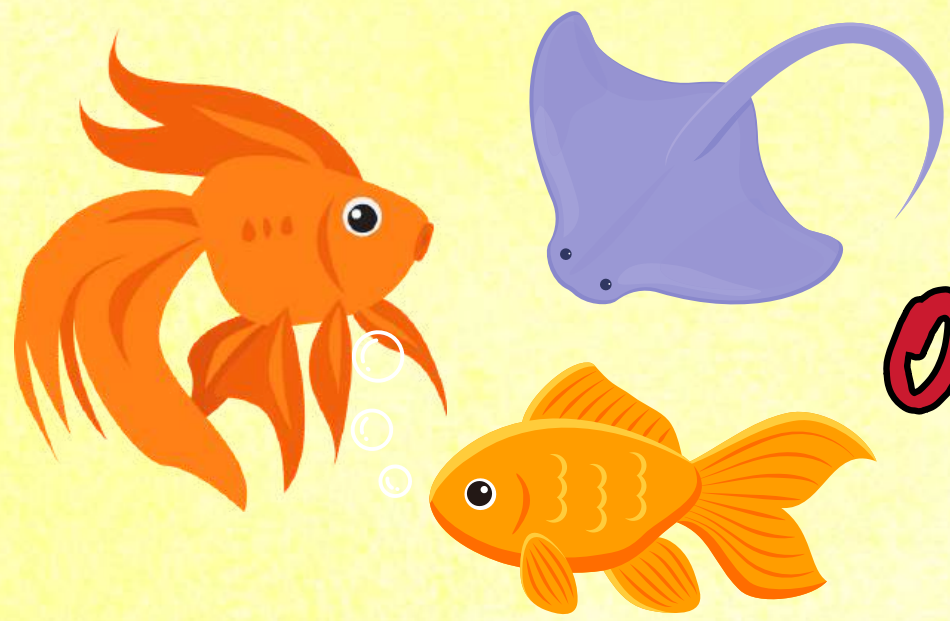
It was a fantastic day out, full of wonder and learning, and everyone returned to school inspired to care even more for our planet and its amazing wildlife.





# Year 3 and 4 Bristol Aquarium Trip





# Year 4

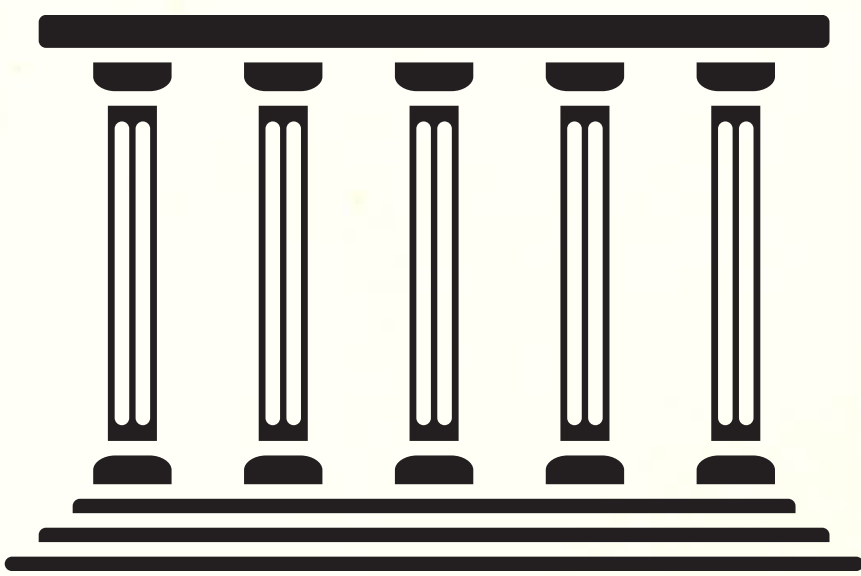
## Our Learning Journey



At the start of July, our Year 4 classes set off on an exciting adventure to Bristol Aquarium! A trip we had all been eagerly awaiting for weeks! The day was packed full of fun, learning, and unforgettable meetings with a huge variety of marine life. The pupils had so much fun and made lots of memories! The axolotl was a firm favourite amongst the children, an animal they love!



As part of their topic work this month, the children explored the powerful work of Singaporean artist Tan Zi Xi, whose creations highlight the issue of plastic pollution in our oceans. Inspired by her message, they used recycled materials to produce their own striking pieces, each with a unique and thought-provoking story behind it. The children had a fantastic time getting creative while learning about a serious global issue.



The pupils had so much fun in their Sports Day this year! They put on some great competitive races that all the spectators enjoyed. Well done to all those who raced and those who achieved a 1<sup>st</sup>, 2<sup>nd</sup> or 3<sup>rd</sup> place finish.

This month, the children have been exploring a new branch of their R.E.D. work and have been learning about the Five Pillars of Islam. They've shown great curiosity and respect while discovering how these key principles guide the daily lives of Muslims.



What a lovely year it's been! Myself and Mrs. Price are so proud of everything the children have accomplished. They've worked hard, grown so much, and truly shone this year. We know they're more than ready to take on the challenges of

Year 5!





# Year 5

## Our Learning Journey

We have continued our topic "Nurturing Planet Earth," by learning about the Waorani people, indigenous to the Amazon Rainforest in Ecuador. We started by exploring the term Indigenous to understand what this meant. We then read a letter from a Waorani woman called Namonte who writes to world leaders encouraging them to take responsibility for the destruction of the rainforest. She explains how her people are suffering, despite living sustainably themselves. We then used this to explore the inequalities of Climate Change which linked to our English writing.



# Ecuador



Cricket



Cricket



Milkshakes



Ukulele Concert



Movie Day

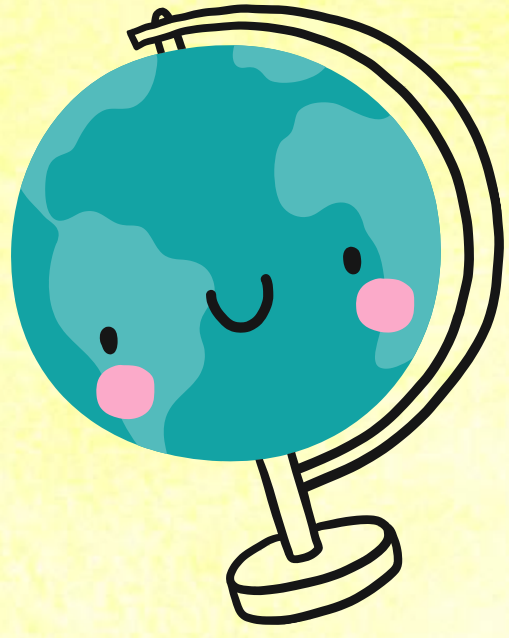


Milkshakes

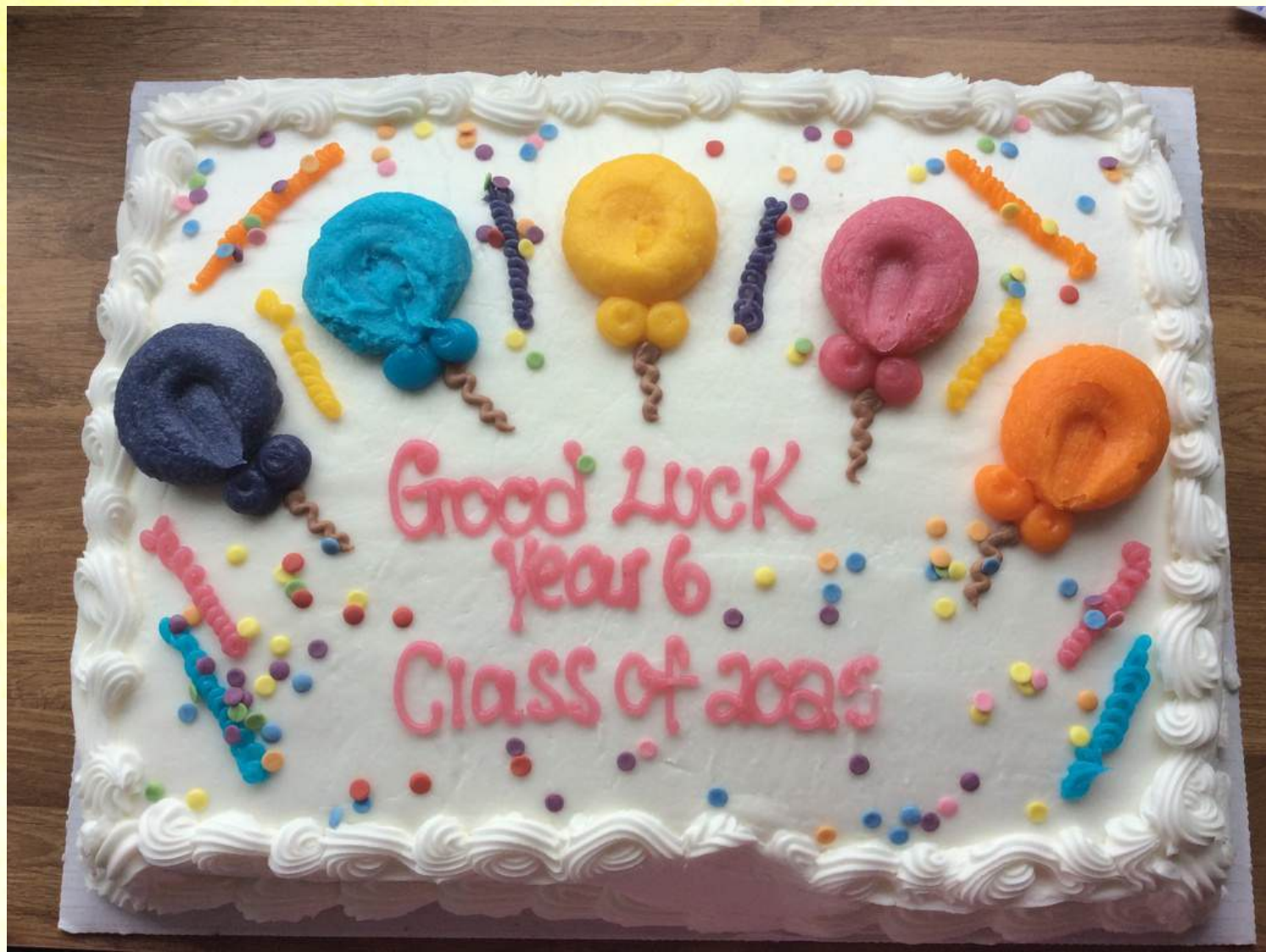


We've enjoyed spending time together during our last week in Year 5 with lots of fun activities! I am so so proud of all the children for the fantastic year they have had and all they have achieved. I will miss them next year but I know they are more than ready for Year 6!

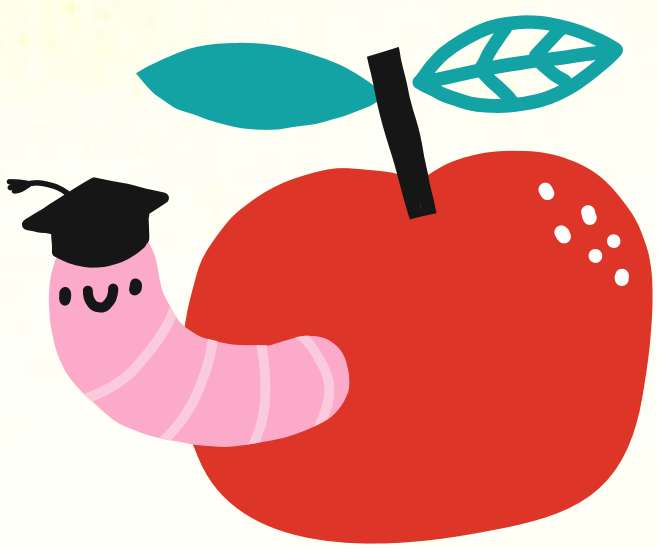




# Year 6



All of St Francis are sending our best wishes to the Year 6s going to start their new high school journey.



*Look out High School,  
Here we Come!*





# THE LION KING

9<sup>th</sup> of July 2025

The cast of the Lion King have been working tirelessly this half term to perfect their singing, dancing and acting and get ready for their shows.



Our talented children performed three times in one day! Once for our school to watch and twice for friends and family.



Every performance was spectacular! Miss Kennett and Miss Mathias couldn't be prouder of their fantastic commmitment and hard work.

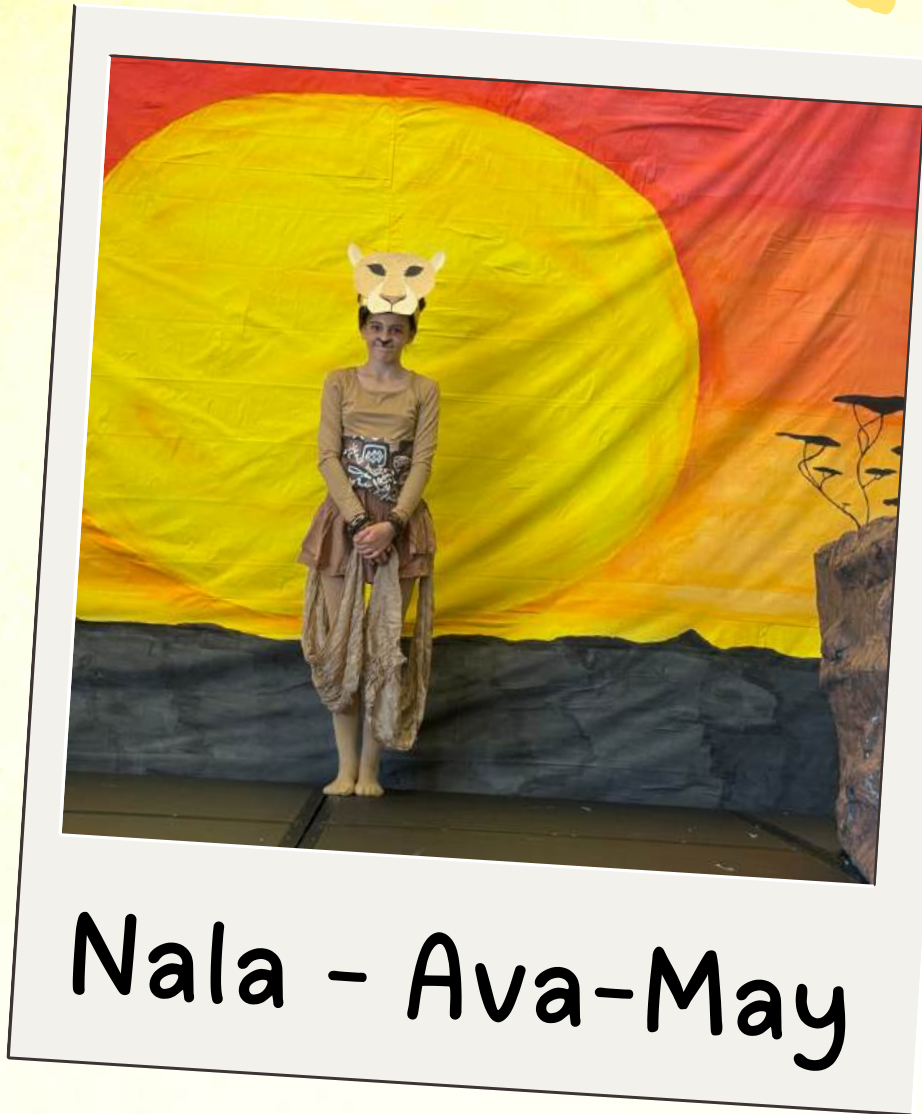




# Main Characters



Simba - Iwan



Nala - Ava-May



Mufasa - Alex



Timone - Queenmercy



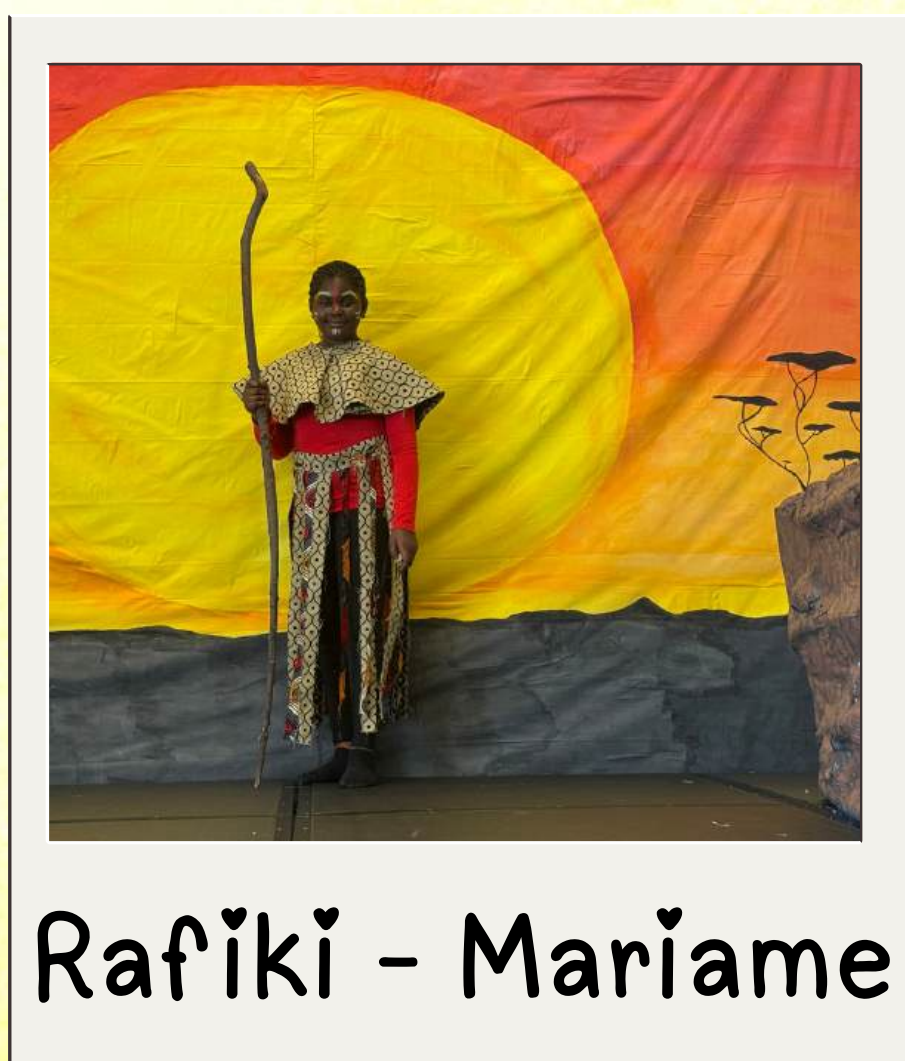
Scar - Cody-Jack



Zazu - Leo-John



Pumbaa - Princess



Rafiki - Mariame





# Main Characters



Sarabi - Myah



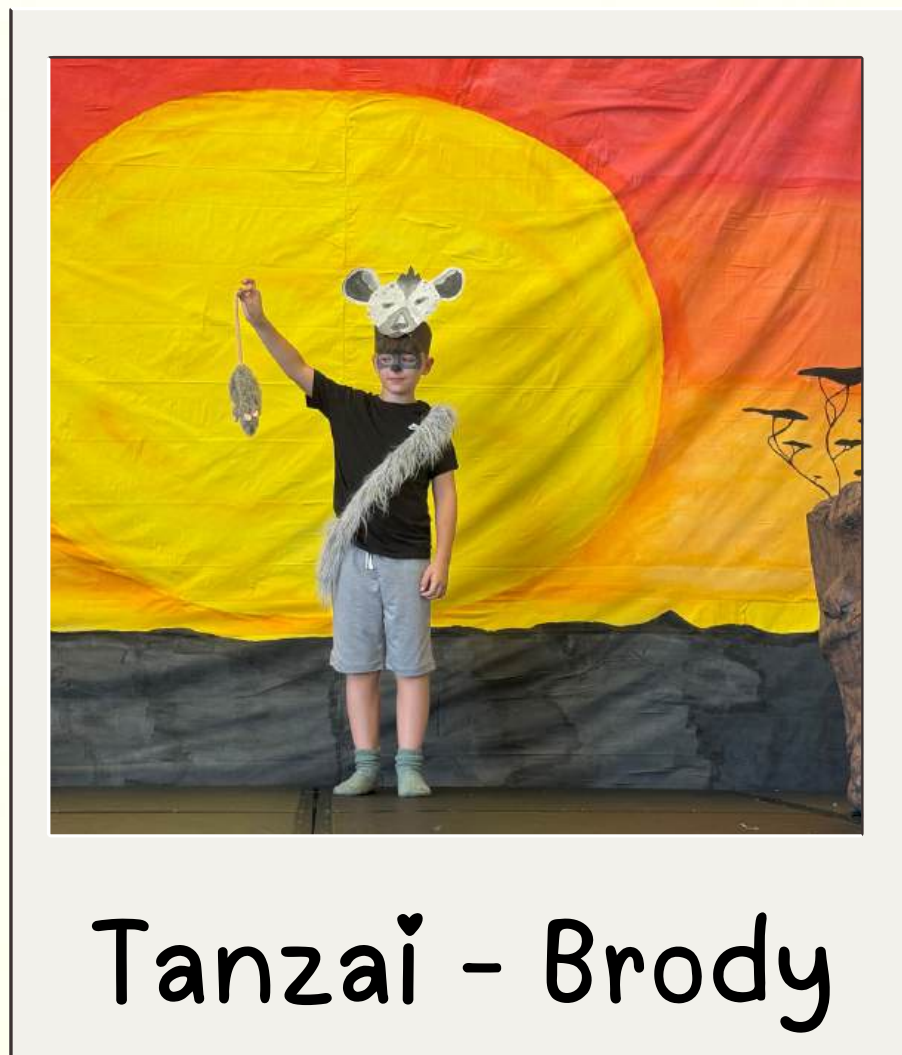
Sarafina - Persable



Shenzi - Charlotte



Pat - Meila-Blue



Tanzai - Brody

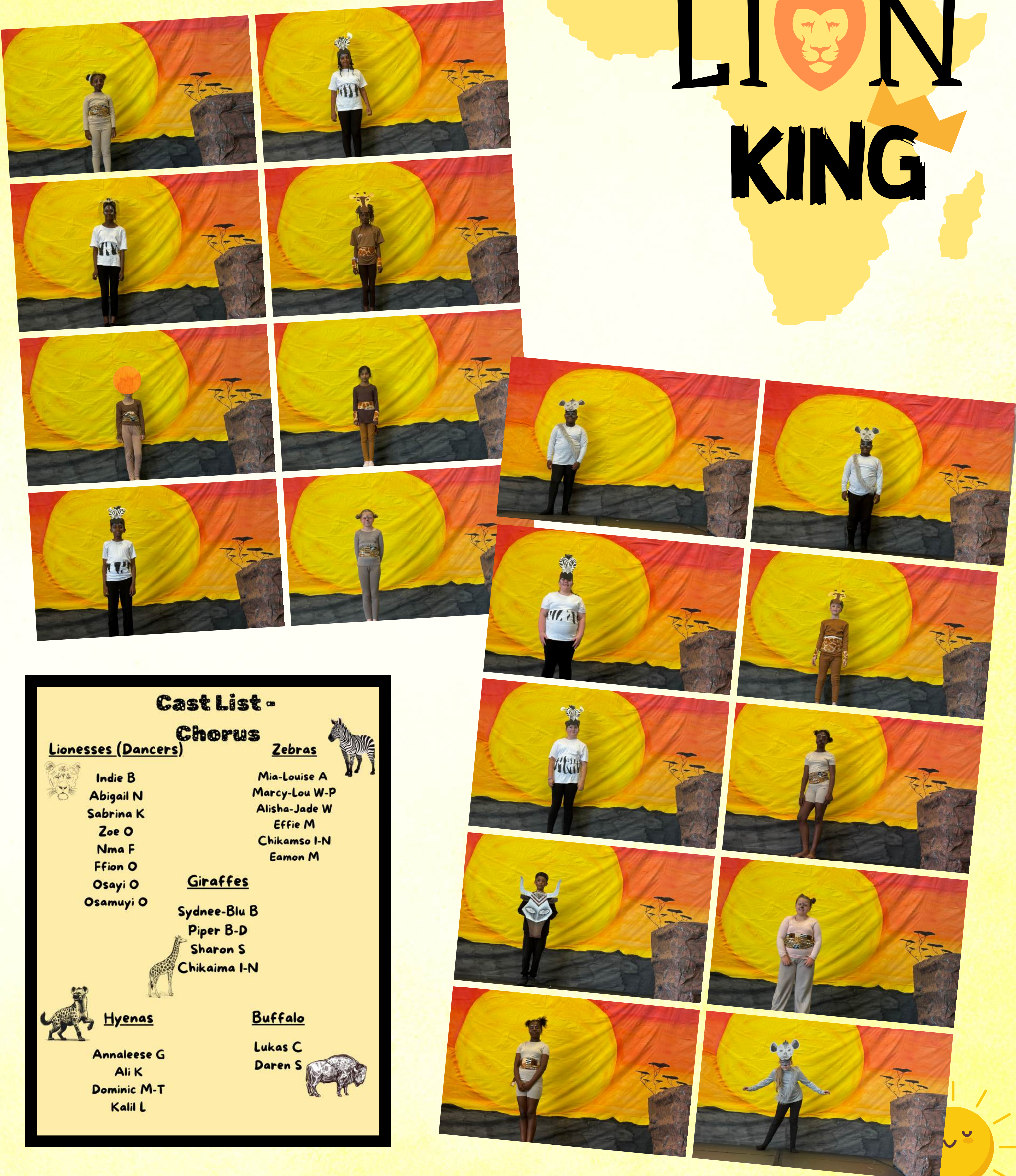


Ed - Rosalie





# Chorus



## Cast List - Chorus

### Lionesses (Dancers)



- Indie B
- Abigail N
- Sabrina K
- Zoe O
- Nma F
- Ffion O
- Osayi O
- Osamuyi O

### Zebras



- Mia-Louise A
- Marcy-Lou W-P
- Alisha-Jade W
- Effie M
- Chikamso I-N
- Eamon M

### Giraffes



- Sydnee-Blu B
- Piper B-D
- Sharon S
- Chikaima I-N



### Hyenas

- Annaleese G
- Ali K
- Dominic M-T
- Kalil L

### Buffalo



- Lukas C
- Daren S





# THE LION KING

*Thank  
You*

The Lion King Cast 2025

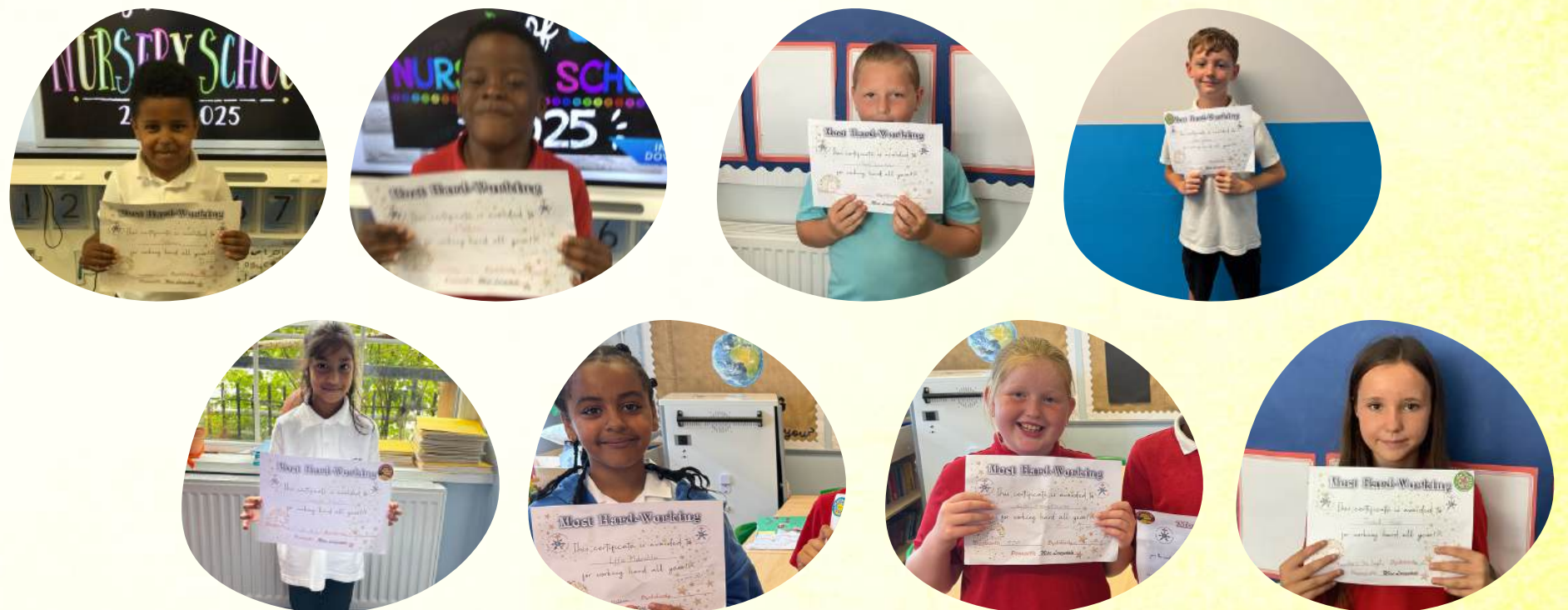
We would like to say a BIG THANK YOU to all the children for their commitment to rehearsals, to the parents for their support and to all the staff that supported us before and during the performances.

In particular we would like to thank Miss David for making the fantastic headpieces, Mrs. Stratton-Ross and Mrs Williams for their beautiful costumes and to Miss Cooke for her amazing backdrop and scenery.





# Stars of the Year! Seren y Flwyddyn!





# SUMMER HOLIDAYS



## PLACES WHERE KIDS EAT FREE (OR FOR £1) SUMMER HOLIDAYS 2025



[moneysavingcentral.co.uk/kids-eat-free](http://moneysavingcentral.co.uk/kids-eat-free)

### ANGUS STEAKHOUSE

Kids under 8 eat FREE daily, 12pm to 5pm

### ASDA

Kids eat for £1 daily, with no adult spend

### ASK ITALIAN

Kids under 10 eat for £1 during school holidays

### BEEFEATER

Kids Eat FREE with Newsletter Voucher this Summer

### BELLA ITALIA

Children eat for £1 with any adult main

### BILLS

Kids Eat Free weekdays, 21st July - 29th Sept

### BREWERS FAYRE

Kids Eat FREE with Newsletter Voucher this Summer

### BREWDOG

2 Kids eat free with 1 adult, 19th July - 31st August

### BURGER KING

From 28th July - 31st August, Kids Eat Free (via app)

### CHIQUITO

Kids eat FREE Daily Until August 31st

### DOBBIES GARDEN CENTRES

Kids eat for £1 with an adult breakfast or lunch

### FRANKIE & BENNY'S

Kids Eat Free from 14<sup>th</sup> July - 31<sup>st</sup> August 2025

### FUTURE INNS

Under 5s eat for free with any adult meal

### GORDON RAMSEY RESTAURANTS

Kids under 10 eat FREE all day, every day

### HARVESTER

Kids eat for £1, Mon - Fri via the App

### HUNGRY HORSE

Kids eat for £1 on Mondays

### IKEA

Kids get a meal from 95p daily from 11am

### LAS IGUANAS

Kids under 12 eat FREE with 'My Las Iguanas' App

### MARCO PIERRE WHITE

Kids under 12 Eat FREE daily with an adult spend

### MORRISONS

Kids Eat FREE all day, every day with a £5 spend

### PAUSA CAFE @ DUNELM

Kids eat FREE with every £4 spend after 3pm

### PREMIER INN & TRAVELODGE

2 kids eat for FREE with 1 adult breakfast

### PRETO

Kids up to age 10 eat free with 1 paying adult

### PUREZZA

Kids under 10 get free pizza with every adult meal

### SA BRAINS PUBS

Kids eat for £1 on Wednesdays

### SIZZLING PUBS

Kids eat for £1, Every Monday to Friday, 3 - 7pm

### TABLE TABLE

2 Kids Eat free breakfast daily with 1 paying adult

### TESCO

Kids Eat FREE with a 60p spend until Aug 31st

### TGI FRIDAYS

Kids Eat Free with any adult meal (Via App)

### THE REAL GREEK

Kids under 12 eat FREE Sundays with £10 spend

### TOBY CARVERY

Kids eat for £1 all day (weekdays) until Aug 29th

### WHITBREAD INNS

2 kids eat for FREE with 1 adult breakfast

### YO! SUSHI

Kids eat free all day (weekdays) in school holidays

### ZIZZI

Kids eat free this summer holidays (ex Saturdays)

Copyright of MONEY SAVING CENTRAL

Happy

Summer

Holiday





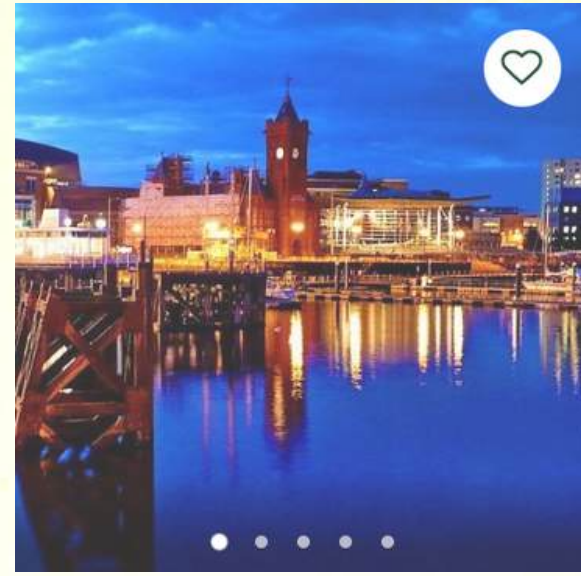
# SUMMER HOLIDAYS



Bute Park



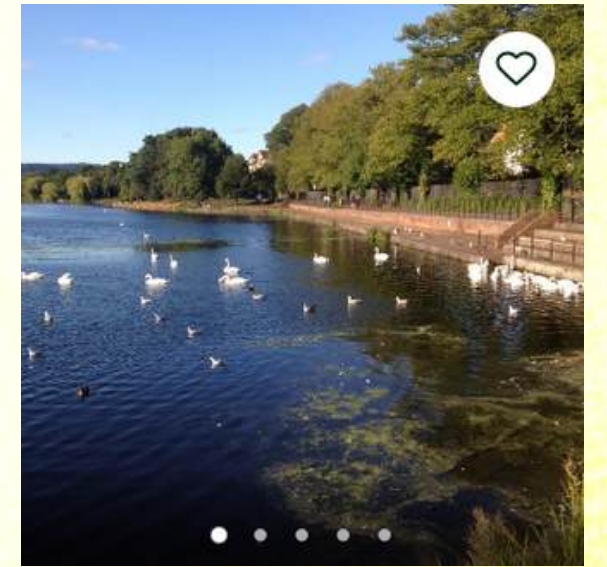
St Fagans Museum



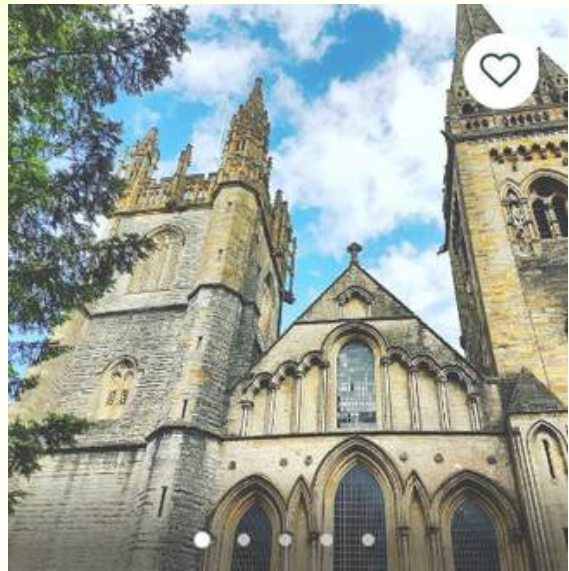
Cardiff Bay



National Museum Cardiff



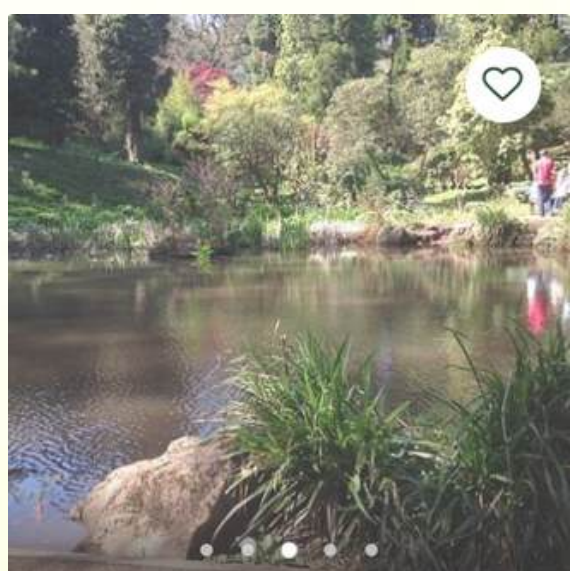
Roath Park



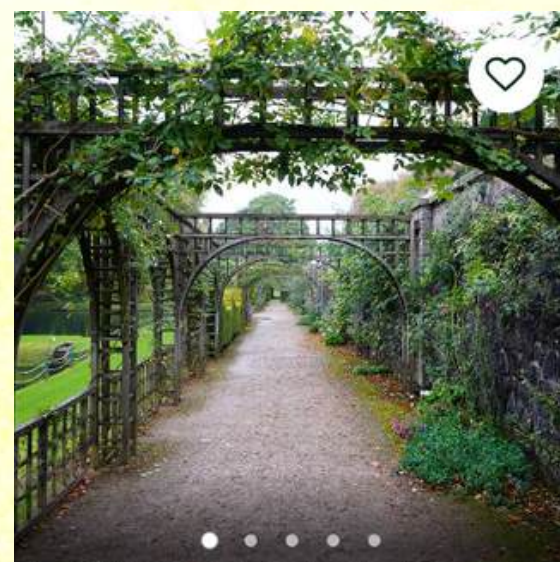
Llandaff Cathedral

## THINGS TO DO

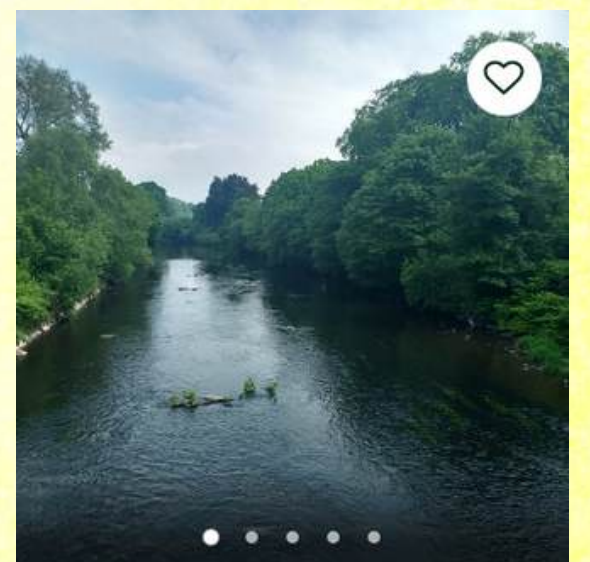
We know the holidays are long, and they can be expensive so here are just some of the things you can do in Cardiff this summer for FREE!



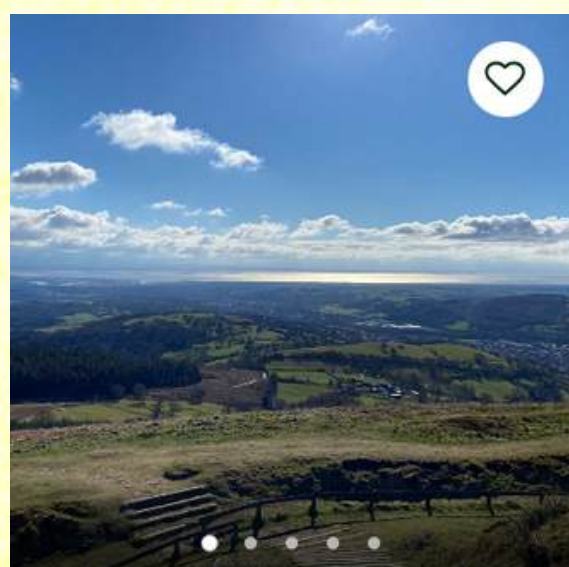
Parc Cefn Onn



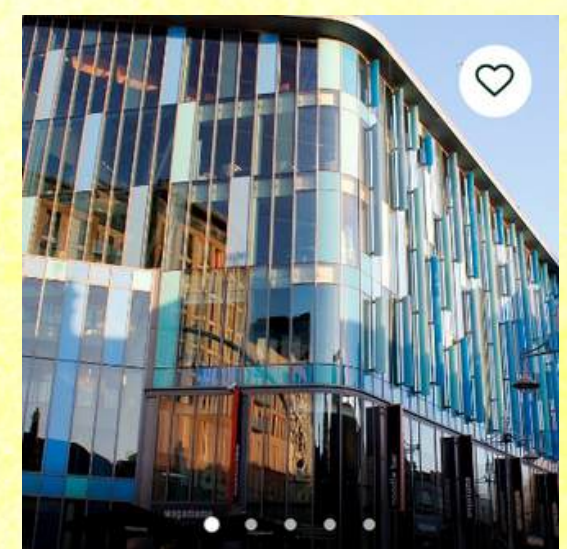
St Fagans Walk



Forest Farm Country Park



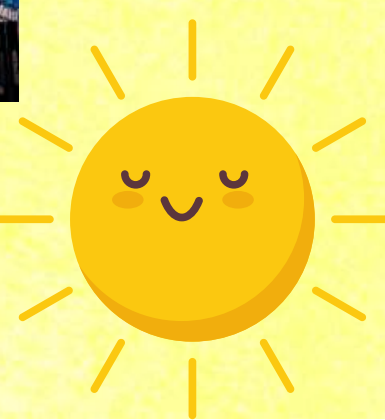
Twmbarlwm Mountain



Cardiff Central Library

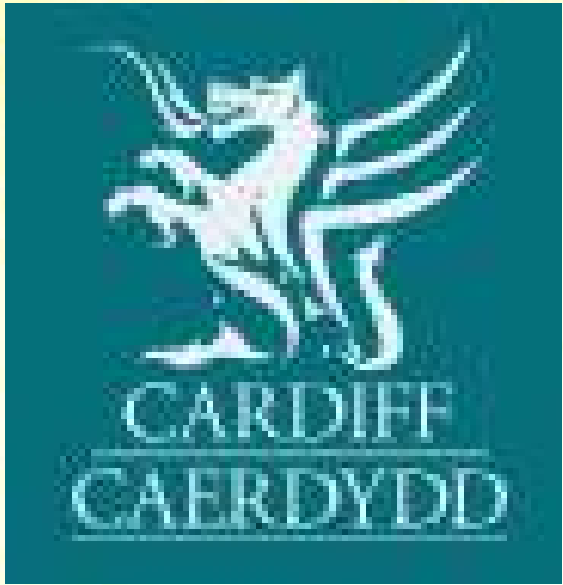


Find out more





# SUMMER HOLIDAYS



## THINGS TO DO



*Click FOR Details*

Lots more ideas can be found via these websites. Just click the logos to find out more!





## THINGS TO DO



# SUMMER HOLIDAYS



## Ely & Caerau Summer Events

### WEEK ONE - 07/07/2025 - 13/07/2025

12/07/2025 - Lego and Colouring - 2pm-4pm in Ely and Caerau Hub

### WEEK TWO - 14/07/2025 - 20/07/2025

19/07/2025 - Lego and Colouring - 2pm-4pm in Ely and Caerau Hub

19/07/2025 - 25/08/2025 - Cardiff Bay Family Fun Park - 11am-8pm - Roald Dahl Plas

### WEEK THREE - 21/07/2025 - 27/07/2025

21/07/2025 - Local Play Session - Western Leisure Centre - 11:00-12:55 for ages 5-14 years

22/07/2025 - Craft Club: Bugs and Butterflies - 10:30am-11:30am in Ely and Caerau Hub

23/07/2025 - Local Play Session - North Ely Youth Centre - 3:30-5:25pm for ages 5-14 years

24/07/2025 - Local Play Session - 3:30pm-5:25pm - Ely and Caerau Hub for ages 5-14 years

24/07/2025 - Story Time: Read Aloud Together - 2:30pm-3:30pm in Ely and Caerau Hub

26/07/2025 - Lego and Colouring - 2pm-4pm in Ely and Caerau Hub

### WEEK FOUR - 28/07/2025 - 03/08/2025

28/07/2025 - Caer Heritage and ACE's Archaeological Big Dig - 11am-2pm - Trelai Park

Bring a picnic and have lunch with us. FREE ENTRY

28/07/2025 - Local Play Session - Western Leisure Centre - 11:00-12:55 for ages 5-14 years

29/07/2025 - Craft Club: Sea Creatures- 2:30pm-3:30pm in Ely and Caerau Hub

30/07/2025 - Local Play Session - North Ely Youth Centre - 3:30-5:25pm for ages 5-14 years

31/07/2025 - Story Time with 'Curly Octopus' - 10:30am-11:30am in Ely and Caerau Hub

31/07/2025 - Local Play Session - 3:30pm-5:25pm - Ely and Caerau Hub ages 4-14 years

02/08/2025 - Lego and Colouring - 2pm-4pm in Ely and Caerau Hub

### WEEK FIVE - 04/08/2025 - 10/08/2025

04/08/2025 - Local Play Session - Western Leisure Centre - 11:00-12:55 for ages 5-14 years

05/08/2025 - Craft Club: Funky Flowers - 10:30am-11:30am in Ely and Caerau Hub

05/08/2025 - TAFF Summer Fun Day - 12:30pm-3:30pm - Riverside Warehouse, CF116EQ

07/08/2025 - Craft Club: Book Covers - 2:30pm-3:30pm in Ely and Caerau Hub

07/08/2025 - Local Play Session - 3:30pm-5:25pm - Ely and Caerau Hub ages 5-14 years

08/08/2025 - Community Fun Day - 9:30am-2pm - Herbert Thompson Primary School

No booking for bouncy castle, EmpowerHer cultural cooking, stalls, community shop

Booking required: Calsghe boxing sessions, cooking sessions, bikes and scooter, story telling and book hunt and woodwork session.

Book via phoning the school on 02920561115, email: FE0@HTPS.wales OR scan the QR code on the poster

09/08/2025 - Lego and Colouring - 2pm-4pm in Ely and Caerau Hub



YMESTYN YN EHANGACH  
REACHING WIDER  
De-Idwyrain Cymru  
South East Wales

## Family Learning: From seed to plate

St Fagans Museum, Widening Access and Reaching Wider Cardiff Met are running an exciting Family Learning Experience for primary schools in Ely.

### What is it?

A lovely day activity for 8 parents / carers and their child in year 6. Participants will explore the museum's garden and learn about Food and Nutrition and University by making a new dish with affordable seasonal produce. The activity is free to attend, and we will provide pick-up and drop off from your school.

22<sup>nd</sup>, 23<sup>rd</sup> and 24<sup>th</sup> July 2025 9:30am - 2:30pm

St Fagans Museum of Natural History. \* Free return transport from school\*

Deadline for expression of interest 15 July Email: koshea@cardiffmet.ac.uk

Important Parents/Carers will need to complete our participation form before taking part.

Widening Access  
Ehangu Mynediad



AMGUEDDFA  
CYMRU

### WEEK SIX - 11/08/2025 - 17/08/2025

12/08/2025 - Craft Club: Birds of Prey - 10:30am-11:30am in Ely and Caerau Hub

13/08/2025 - Local Play Session - North Ely Youth Centre - 3:30-5:25pm for ages 5-14 years

14/08/2025 - Craft Club: Book Covers - 2:30pm-3:30pm in Ely and Caerau Hub

15/08/2025 - Summer Fair - 12pm-3pm - Ely and Caerau Children's Centre

For more information phone 02920671421

15/08/2025 - Community Fun day - 9:30am - 2pm - Herbert Thompson Primary School

email feo@https.wales to book sessions on the day OR scan the QR code on the poster.

16/08/2025 - Lego and Colouring - 2pm-4pm in Ely and Caerau Hub

### WEEK SEVEN - 18/08/2025 - 24/08/2025

19/08/2025 - Story Time with 'Curly Octopus' - 10:30am-11:30am in Ely and Caerau Hub

20/08/2025 - Local Play Session - North Ely Youth Centre - 3:30-5:25pm for ages 5-14 years

21/08/2025 - Local Play Session - Western Leisure Centre - 11:00-12:55 for ages 5-14 years

21/08/2025 - Craft Club: Sea Creatures - 2:30pm-3:30pm in Ely and Caerau Hub

21/08/2025 - Local Play Session - 3:30pm-5:25pm - Ely and Caerau Hub for ages 5-14 years

23/08/2025 - Lego and Colouring - 2pm-4pm in Ely and Caerau Hub

### WEEK EIGHT - 25/08/2025 - 31/08/2025

26/08/2025 - Craft Club: Bugs and Butterflies - 10:30am-11:30am in Ely and Caerau Hub

27/08/2025 - Local Play Session - North Ely Youth Centre - 3:30-5:25pm for ages 5-14 years

28/08/2025 - TAFF Summer Fun Day - 12:30pm-3:30pm - Conference Suite & Car Park, Taff Head Office, 307-315 Cowbridge Rd East, Cardiff, CF5 1JD

28/08/2025 - Story Time: Read Aloud Together - 2:30pm-3:30pm in Ely and Caerau Hub

28/08/2025 - Local Play Session - 3:30pm-5:25pm - Ely and Caerau Hub ages 5-14 years

30/08/2025 - Lego and Colouring - 2pm-4pm in Ely and Caerau Hub

02/08/2025 - Lego and Colouring - 2pm-4pm in Ely and Caerau Hub

### WEEK NINE - 01/09/2025 - 07/09/2025

06/09/2025 - Lego and Colouring - 2pm-4pm in Ely and Caerau Hub

### WEEK TEN - 08/09/2025 - 14/09/2025

13/09/2025 - Lego and Colouring - 2pm-4pm in Ely and Caerau Hub

Celebrating 50 years  
**50**  
Dorhlu 50 mlynedd

**TAFF**  
1975 - 2025

## Summer Celebration

You're Invited!

Join us as we mark 50 years of Taff with two special summer fun days

**1.**

**Date**  
Tuesday 5th August

**Time**  
12:30PM - 3:30PM

**Location**  
Riverside Warehouse, Machen Place, Cardiff CF11 6EQ

Sponsored by:

**2.**

**Date**  
Thursday 28th August

**Time**  
12:30PM - 3:30PM

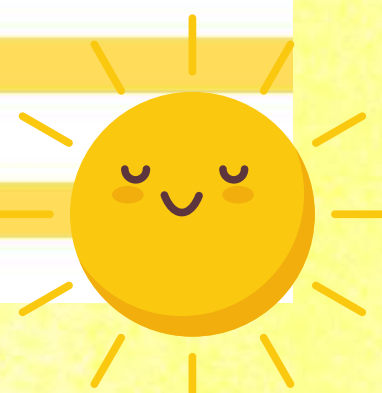
**Location**  
Conference Suite & Car Park, Taff Head Office, 307-315 Cowbridge Road East, Cardiff CF5 1JD

Free Events · Everyone Welcome

**On the Day**

Fun activities (list coming soon) · Talk to Taff staff · Advice and support from various community organisations · Free snacks & children's books

A charitable Housing Association registered under the Community Benefit Societies Act 2014 No. 21408R





# Internet Safety



## During the Summer Holidays



During the summer holidays, children will inevitably have more access to screen time, especially in the form of the internet. Internet safety has become an increasingly worrying problem amongst parents.





# Internet Safety



## During the Summer Holidays

**NOS National Online Safety**  
#WakeUpWednesday

### Top Tips to Protect Your Child

- 1 BE WARY OF WHAT'S SHARED**  
Whatever your child says or shares on the platform can be seen, heard and shared with a much larger audience. Be careful to make sure your child understands this and does not say or share anything that could be deemed offensive, harmful or put themselves or others at risk.  
You can find Discord's own guide for parents here: <https://blog.discordapp.com/parents-guide-to-discord-c77d91793e9c>
- 2 IMPROVE SECURITY SETTINGS**  
To help protect your child, make sure they set strong passwords. You should consider using the 'two-factor authentication' function for extra protection. It's also important to remind your child to never to share their personal information, or the details of another user.
- 3 CHECK THEIR FRIEND LIST**  
You can restrict who is able to make 'friend requests' to your child in the 'Friends' tab. It's a good idea to deselect the default option that allows anyone to connect. Of course, you should also talk to your child about why it's a risk to allow strangers to connect with them through such platforms.
- 4 REPORT & BLOCK SUSPICIOUS USERS**  
Make sure your child knows how to report and block abusive or suspicious users. If you do find your child suffering repeated abuse, contact the platform directly using the email: [abuse@discordapp.com](mailto:abuse@discordapp.com). It's a good idea to teach your child how to screenshot any negative interactions too.
- 5 BE WARY OF NSFW CONTENT**  
Public forums on the platform are a potential venue for inappropriate content that you should be wary of. There is a Discord mascot known as 'Wumpus', which is supposed to represent anyone under 18. Anyone who posts content unsuitable for under-18s, should mark it NSFW (Not Suitable For Wumpus).
- 6 SHOW RESPECT TO OTHERS**  
It's important you actively teach your child to treat other users with respect and behave online the same way as they would offline.  
Take the time to read through Discord's Community Guidelines with your child. Find them at: [www.discordapp.com/guidelines](http://www.discordapp.com/guidelines)

## Some ways to keep your child safe online

- Consider a family 'tech agreement'
- Report any harmful content that you see
- Install security or antivirus software programs and a VPN on your computer
- Password-protect all accounts and devices
- Update your operating systems regularly
- Balance safety with independence
- Set parental controls



Content is no longer available

More info





# Violence Against Women, Domestic Abuse and Sexual Violence

1 in 4 women and 1 in 6 men will have experienced domestic violence

1 in 7 children will have lived with domestic violence at some point in their lives

What is it?

Domestic Abuse

Female Genital Mutilation

Sexual Violence

Modern Slavery

Coercive Control

Forced Marriage

Stalking

Harassment

Honour Based Violence



If you or anyone you know is suffering from any of the above or more, there are people out there who can help.



## Make Yourself Heard

In danger, need the police, but can't speak?

- 1 Dial 999
- 2 Listen to the questions from the 999 operator
- 3 Respond by coughing or tapping the handset if you can
- 4 If prompted, press 55. This lets the 999 call operator know it's a genuine emergency and you'll be put through to the police.



## Cael Eich Clywed

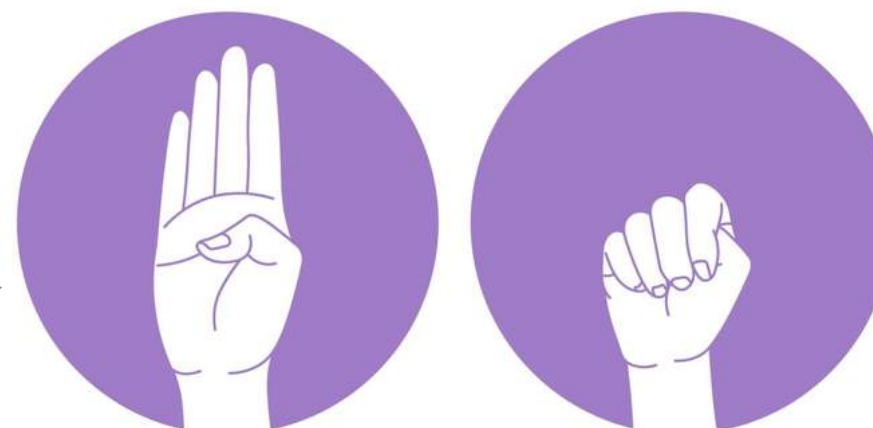
Mewn perygl, angen yr heddlu, ond yn methu siarad?

- 1 Deialwch 999
- 2 Gwrandewch ar y cwestiynau gan y cysylltydd 999
- 3 Atebwch trwy besychu neu daro'r set law os gallwch
- 4 Os cewch eich ysgogi, gwasgwch 55. Mae hyn yn rhoi gwybod i'r cysylltydd galwad 999 ei fod yn argyfwng gwirioneddol a bydd yn eich rhoi trwydd i'r heddlu



This is the International Hand Signal for Help. All staff are aware of this signal and will subtly act upon seeing it.

### SIGNAL FOR HELP



1). PALM TO CAMERA AND TUCK THUMB

2). TRAP THUMB

Click the links below for more information, for help, support or just someone to talk to.





# Google Translate App



FREE APP

Google Translate is a free app available on the web, iOS for iPhone and Android.

*Click here* for web

EASY TO USE

It is easy to use and can translate between up to **133** languages.

You can copy and paste text into the translator if the text is digital, or use the camera to convert in real time if the text is printed.



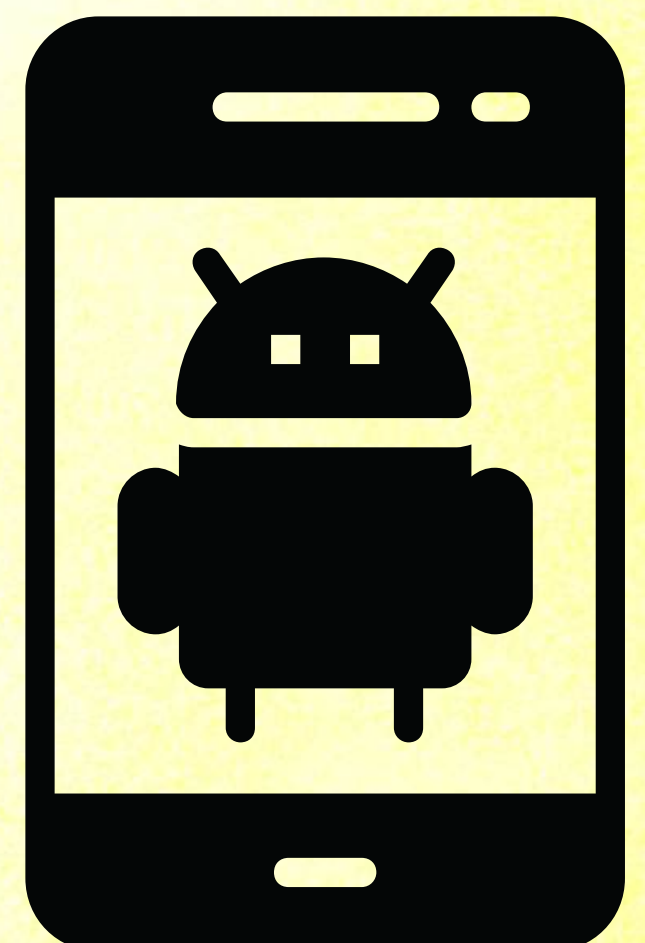
*Click here*

DOWNLOAD THE APP

for iPhone



*Click here*



*Click here*

DOWNLOAD THE APP

for Android





# Dates for your Diary



# September



Monday 1<sup>st</sup> September - Inset Day



Tuesday 2<sup>nd</sup> September - Inset Day



Wednesday 3<sup>rd</sup> September - Back to School!



Wednesday 3<sup>rd</sup> - Friday 12<sup>th</sup> September - Nursery Staggered Starts  
Check your letter for your child's start date.



Friday 26<sup>th</sup> September - Year 3 and Year 3/4 Opera Trip

